

# 2017 Tiger Athletic Summer Camps

## INSTRUCTIONS:

1. Please use this link to register: <https://goo.gl/forms/aLXyxoRbuar1461m1>
2. Fill out the entire Google Form
3. You need to fill out the form separately for each kid.
4. All payments are due at the first day of each camp
5. Please reference the back of this flyer for descriptions of each camp
6. All forms must be submitted by the due date to receive camp apparel.

Sport	Level	Date	Time	Cost	Location	Payment Info	Form Due
Champions Program	HS	Jun 1st - Aug 1st	<a href="#">See Back</a>	\$175	HS	Harrisburg Champions Program	
	NMS	M/W's May 31st - July 19th	8:00 or 8:45am	\$125	NMS	Harrisburg Champions Program	May 8th
	SMS	T/Th's June 5th - July 20th	8:30 or 9:00am	\$125	HS	Harrisburg Champions Program	
Boys Basketball	HS	Jun 12-15-19-22-26-29 July 10-13-17-20	9:30-11:00	None	HS		May 8th
	MS 3/3 League	June 13-15-20-22-27-29 July 11-13-18-20	11:00-12:30	\$35	HS	Scott Langerock	
	K-2nd	Offered in Fall	after school		Site	Harrisburg Boys Basketball	
	3rd-4th	May 2-4-9	5:30-7:00	\$60	HS	Harrisburg Boys Basketball	April 24th
	5th-6th	May 2-4-9	7:00-8:30	\$60	HS	Harrisburg Boys Basketball	April 24th
Boy's Soccer	HS	July 17-19	2pm-4pm	\$60	HS	Checks to Harrisburg Boys Soccer	May 6th
	MS	July 17-19	10am-12 pm	\$60	HS	Checks to Harrisburg Boys Soccer	
Cheer	K-6th	May 6th	9am-11am	\$30	HS Gym	Checks to HHS Cheer	April 21st
	HS: Competitive Only	July 26-28	8am-4pm	\$60	HS Gym	Checks to HHS Cheer	May 8th
	HS: Competitive and Sideline	June 14-16	9am-4pm		HS Gym		
Football	All HS	June 6th, 13th, 20th, 27th July 11th, 18th, 25th	6:00pm - 8:00pm	\$60	HS turf		
	7th - 8th	July 27th, 28th	11am - 12:30	\$50	HS turf	Checks to Harrisburg Football	May 8th
	9th	July 27th, 28th	9am - 10:30am	\$50	HS turf		
	4th - 6th	July 27th, 28th	1:00pm - 2:30pm	\$50	HS turf		
Girls Basketball	MS 3 on 3 league	June 12, 19, 26 July 10, 17, 24, 31	1-2:30pm	\$30	HS	Checks to Harrisburg Girls Basketball	June 12th
	3rd-4th	May 31, June 1, June 2	8am -10am	\$50	SMS	Checks to Harrisburg Girls Basketball	
	5th-6th	May 31, June 1, June 2	10am - 12pm	\$50	SMS	Checks to Harrisburg Girls Basketball	May 8th
	7th-8th	May 31, June 1, June 2	12pm - 2pm	\$50	SMS	Checks to Harrisburg Girls Basketball	
	K-2nd		offered in fall				
Girl's Soccer	HS	July 11-13	7-9am	\$60	Stadium	Checks to Harrisburg Girls Soccer	
	MS	July 11-13	9-11am	\$60	Stadium	Checks to Harrisburg Girls Soccer	May 8th
	3rd - 5th	July 11-12	11:12:30	\$20	Stadium	Checks to Harrisburg Girls Soccer	
Boys/Girls Tennis	HS	June 21-23	1:00-3:00 PM	\$60	HHS	Checks to Harrisburg Tennis	
	MS	June 21-23	11:00-12:30 PM	\$60	HHS	Checks to Harrisburg Tennis	May 8th
	5th-6th	June 21-23	9:15-10:45 AM	\$60	HHS	Checks to Harrisburg Tennis	
	2nd-4th	June 21-23	8:00-9:00 AM	\$50	HHS	Checks to Harrisburg Tennis	
Volleyball	HS		1:00-3:00	\$60	HHS	Checks to Harrisburg Volleyball (Bringing in USF coaches)	
	8th		10:00-12:00	\$60	HHS	Checks to Harrisburg Volleyball	
	7th	June 5, 6 and 7 2017	10:00-12:00	\$60	Freedom El.	Checks to Harrisburg Volleyball	May 8th
	6th		10:00-12:00	\$60	SMS	Checks to Harrisburg Volleyball	
	5th		8:00-10:00	\$60	SMS	Checks to Harrisburg Volleyball	
	4th		8:00-10:00	\$60	Freedom El.	Checks to Harrisburg Volleyball	
	2nd-3rd		8:00-10:00	\$60	HHS	Checks to Harrisburg Volleyball	
Wrestling	K-3rd		10:00-11:00 AM	\$50	HHS		
	4th- 6th	June 27th, 28th, & 29th	12:30-2:00 PM	\$55	HHS	Checks to Harrisburg Wrestling (Bringing in Collegiate Wrestlers)	May 8th
	7th-12th		3:30-5:30 PM	\$60	HHS		

# DESCRIPTION/CAMP INFO

## High School Champions Program

8 week 4 days a week = strength/conditioning program designed to increase strength, speed & athleticism Pre test = June 1st & 2nd Post Test = July 31st & Aug 1st Time Slots 6:00-7:30am 6:30-8:00am 7:00-8:30am 7:30-9:00am 8:00-9:30am

## Middle School Champions Program

7 week strength/conditioning program designed to teach the fundamentals of lifting and proper running mechanics. no workouts July 3rd - 7th

SMS

starts June 6th - Ends July 20th Pre-Test Speed/Agility June 6th Post Test Speed/Agility July 20th  
2 time slots Tuesday and Thursdays 8:30 - 9:45am or 9:00am to 10:15am

NMS

starts May 31st - Ends July 19th Pre-Test Speed/Agility May 31st Post Test Speed/Agility July 19th  
2 time slots Monday and Wednesdays 8:00 - 9:15am or 8:45am to 10:00am

## Boy's Basketball

To Develop a commitment of improving fundamental skills. To learn and understand the basic concepts of our motion offense and man-to-man defense.

## Boy's Soccer

This soccer camp is designed to teach fundamental skills, rules, and procedures of the soccer game. Each participant will go through drills that will enhance the individual skill along with team collaboration and rapport. All participants need to come with a water bottle, appropriate athletic clothing and footwear associated with soccer.

## Cheerleading

HS: Camps are required as part of the competitive and sideline cheer season. Cheerleaders will be taught sideline and competitive material, basic techniques, explosive stunts, and crowd involvement skills for the upcoming season. K-6: This camp will be instructed by the HHS cheer team and competitive team coaches. Participants will learn the fundamentals of sideline and competitive cheer including cheer motions and techniques, jumps, stunts, and a short dance routine. All participants will receive a t-shirt.

## Football

To Develop the knowledge, skills, and fundamentals for the upcoming season. To acquire the necessary work habits and commitment of what a team member of the Harrisburg Football program should have. Concepts to be obtained at the conclusion of the camp: offensive terminology, offensive schemes, application of O Schemes, Defensive Terminology, Defensive schemes, Application of Defensive philosophy

## Girl's Basketball

This camp is designed to teach the fundamentals of basketball. Our camp will be taught by the Harrisburg Girls basketball coaching staff and current Varsity players. Campers will get a chance to learn drills and fundamentals that are used at the Varsity and Sub-Varsity levels. The fundamentals will include: shooting form, footwork, ball-handling, passing, rebounding, and defense. We ask that all participants come with athletic shoes, shorts, T-shirt, socks and a positive attitude. Basketballs are provided.

## Girl's Soccer

This camp is designed to develop the fundamentals of soccer and introduce the basic tactics. Each player will participate in a variety of drills, agility, fitness and games. Our goal for camp is for players to establish positive relationships with their future teammates and to simply have FUN!

## Boys & Girls Tennis

The goal of the Tiger Tennis Camp is to either introduce participants to the sport of tennis or improve the skills of players with previous experience. Each participant will go through fundamentals, drills, and games. All participants should bring a water jug, athletic clothing, tennis shoes, and a tennis racquet.

## Volleyball

Harrisburg Volleyball Camp is designed to introduce and work on basic skills and fundamentals of the game of volleyball for our younger Tiger vb campers. The will be taught fundamental drills and rules of the game. At the Middle School level we will again go through all the basic skills taught when they were younger and implement those into game like situations. Our HS level athletes will review all of the previously learned skills and get into offensive and defensive sets used at the HS level of play.

## Wrestling

The Harrisburg Wrestling Camp is meant to give participants some summer mat time and work on the fundamentals of wrestling. All groups will be led by collegiate wrestlers and will be assisted by the Harrisburg Wrestling Coaching staff. Each age group will get instruction on the basic skills of wrestling, suited to their needs and abilities. Participants should come ready to work hard, improve, and have fun.

**Coaches Contact Info - Please contact the respective coach with questions in regards to their camps. Thanks**

Boys Basketball - Scott.Langerock@k12.sd.us

Football - Brandon.White@k12.sd.us 605-270-5100

Boys Soccer - Kayla.Braffet@k12.sd.us 605-214-2929

Girls Basketball - Nick.Mayer@k12.sd.us 605-670-9544

Boys & Girls Tennis - Matthew.Termansen@k12.sd.us 402-740-7805

Girls Soccer - Desiree.Parmenter@k12.sd.us (951) 973-2912

Cheerleading - Eve.Langerock@k12.sd.us

Volleyball - Ronette.Costain@k12.sd.us 605-366-2696

Champions Program- Brandon.White@k12.sd.us or Scott.Langerock@k12.sd.us

Wrestling - Chris.Andre@k12.sd.us